



Government of West Bengal
Government General Degree College, Kalna I
Muragacha, Medgachi, Purba Bardhaman-713405
Website : www.ggdck.ac.in, E-mail : govt.collegekalna1@gmail.com
Office of the Principal

Students Counselling and Student Mentoring Cell & IQAC

Notice

No.07/semi/2021

Date:16.06.2021

This is to inform you all that an “**Online Workshop on Students Counselling and Student mentoring**” will be organised by the Students Counselling and Student Mentoring Cell on June 23, 2021, from 7:30 p.m. onwards. The lectures will be delivered by **Dr. Rajashree Roy** (Principal, Kanyashree College, Behala), **Dr. Rakhi Bhattacharya** (Department of Education, GGDC Kalna-1),

So, all the students and faculty members are hereby requested to be present in the lecture series.

Saikat Khamarui

Convener

Saikat Khamarui

Students Counselling and Student Mentoring Cell



Dr.
Principal
Government General Degree College
Kalna-I



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Govt. of West Bengal
Government General Degree College, Kalna-I
Purba Bardhaman 713405

Online Workshop on Students Counselling and Student Mentoring



Counsellor

Prof. (Dr.) Rajyasri Roy
Principal
Kanyashree College



Date - 23.06.2021
Time : 7:30 pm to 9:00 pm
Venue - GMeet

Join with the following link:
<https://meet.google.com/xws-daqf-oed>

Organized by
Students Counselling and Student Mentoring in Association with IQAC,
GGDC, Kalna-I



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Programme Schedule

7:30 pm – 7:40 pm	Welcome address by Prof. (Dr.) Krishnendu Dutta , Principal, GGDC, Kalna-I
7:40 pm – 8:15 pm	Visionary Lecture by Dr. Rajashree Roy (Principal, Kanyashree College, Behala) on “Students Counselling and Student mentoring”
8:15 pm – 8.30 pm	Interactive session with specific case study
8:30 pm – 8.50 pm	Discussion on modalities of counseling and mentoring by Dr. Rakhi Bhattacharya (Department of Education, GGDC Kalna-1),
8:50 pm – 9.00 pm	Vote of thanks to the distinguished speakers by Dr. Saikat Khamarui, Convener, Students Counselling and Student mentoring cell



Dutta
Principal
Government General Degree College
Kalna-I



Programme: Online Workshop on “Students Counselling and Student Mentoring”

Date: 23.06.2021

Platform: Google Meet

Organizer: Students Counselling and Student Mentoring Cell, Government General Degree College, Kalna-I

Report:

After the welcome address by **Prof. (Dr.) Krishnendu Dutta**, Principal, GGDC, Kalna-I, the Visionary Lecture on "Students Counselling and Student Mentoring" delivered by Dr. Rajashree Roy, Principal of Kanyashree College, Behala, marked an enlightening session for the participants. Dr. Roy, with her extensive experience in educational leadership, shared profound insights into the significance of counselling and mentoring in nurturing students' holistic development. Her lecture emphasized the role of educators in providing emotional support, guidance, and mentorship to students, thereby fostering their academic success and personal growth.

Following the visionary lecture, an interactive session featuring a specific case study was conducted, allowing participants to delve deeper into practical applications of counselling and mentoring techniques. The case study provided a real-life scenario, prompting engaging discussions among attendees on effective approaches to address student challenges and concerns.

Dr. Rakhi Bhattacharya, from the Department of Education at GGDC Kalna-1, facilitated a comprehensive discussion on the modalities of counselling and mentoring. Drawing from her expertise in the field, Dr. Bhattacharya elucidated various strategies and methodologies for effective student support, highlighting the importance of empathy, active listening, and confidentiality in counselling sessions.

The online workshop, held via Google Meet, witnessed active participation from students, faculty members. Attendees actively contributed to the discussions, sharing valuable insights and perspectives on student counselling and mentoring practices.

In conclusion, the Visionary Lecture and Interactive Session on "Students Counselling and Student Mentoring" served as a platform for knowledge dissemination, idea exchange, and professional development in the realm of student support services. The event provided attendees with practical tools and strategies to enhance their counselling and mentoring practices, ultimately contributing to the holistic well-being and academic success of students.




D. K.
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Therefore....


- HELPING ONE PERSON MAY NOT CHANGE THE WORLD ,BUT IT COULD CHANGE THE WORLD FOR THE PERSON.



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- Creative Activities
- Mind Mapping
- Music Therapy
- Emotional Intelligence Games
- Free Association Writing
- Write a letter



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CASE STUDY 2

Y is a resident of a village. Despite the larger family's disapproval, her father sent her for senior secondary schooling to an adjacent village. The young man to whom she is engaged has a shop in the village. He often comes to visit her. Of late he has been insisting that she goes out with him to a park. Y is in two minds. She likes the young man but is afraid of what people would say. Her mind is in turmoil and there is no one to whom she can turn for advice.



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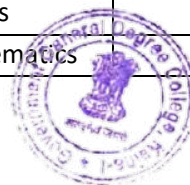
Programme: Online Workshop on “Students Counselling and Student Mentoring”

Date: 23.06.2021

Platform: Google Meet

Attendance:

Timestamp	Name of the Participants	Designation	Dept.	Semester	E-Mail ID
23/06/2021 19:23:20	ADITI SARKAR	Asst. Prof	English		aditisarkar787@gmail.com
23/06/2021 19:23:31	AMIR HOSSAIN	Asst. Prof	Education		ggdck.ah@gmail.com
23/06/2021 19:23:36	ANIRBAN BANERJEE	Asst. Prof	English		anirbanerjee28@gmail.com
23/06/2021 19:23:37	BIDYUT KUMAR DAS	Asst. Prof	Bengali		bidyutdas783@gmail.com
23/06/2021 19:23:40	CHIRANJIB BANDYOPADHYAY	Asst. Prof	Sanskrit		joy.newtown66@gmail.com
23/06/2021 19:23:41	DIBAKAR MONDAL	Asst. Prof	Mathematics		dibakar12.87@gmail.com
23/06/2021 19:23:42	KARTIK METE	Asst. Prof	Sanskrit		kartikmete@gmail.com
23/06/2021 19:23:42	KOUSHIK CHAKRABORTY	Asst. Prof	History		kc.hist90@gmail.com
23/06/2021 19:23:50	MAHATSAB MANDAL	Asst. Prof	Physics		mahatsab@gmail.com
23/06/2021 19:23:53	MANI SHANKAR MANDAL	Asst. Prof	Mathematics		manimath@yahoo.com
23/06/2021 19:24:01	MANIK KISKU	Asst. Prof	Philosophy		manikkisku85@gmail.com
23/06/2021 19:24:09	NEETU CHETTRI	Asst. Prof	Education		neetuchetri@yahoo.com
23/06/2021 19:24:10	PARNAJYOTI KARMAKAR	Asst. Prof	Chemistry		parnajyoti@gmail.com
23/06/2021 19:24:15	PRANAB MISTRI	Asst. Prof	History		pranabmistri58@gmail.com
23/06/2021 19:24:18	PRIYANKA MAITY DAS	Asst. Prof	Philosophy		priya.maity@gmail.com
23/06/2021 19:24:23	RAKHI BHATTACHARYA	Asst. Prof	Education		kajora@gmail.com
23/06/2021 19:24:28	SAIKAT KHAMARUI	Asst. Prof	Chemistry		saikatkhamarui21@gmail.com
23/06/2021 19:24:33	SHEIKH IMRAN PERVEZ	Asst. Prof	Education		1991ipervez@gmail.com
23/06/2021 19:24:36	SILA RANI BASAK	Asst. Prof	Bengali		bhaskarsila2015@gmail.com
23/06/2021 19:24:39	SK ASRAF ALI	Asst. Prof	Sanskrit		asrafali13@gmail.com
23/06/2021 19:24:40	SUBRATA DAS	Asst. Prof	Bengali		subrata.das@ggdck.ac.in
23/06/2021 19:24:39	SUDESNA SOM	Asst. Prof	English		sudeshnasom86@yahoo.com
23/06/2021 19:24:44	SUSHABHAN DEB BARMAN	Asst. Prof	Philosophy		sushabhan_debbarman@rediffmail.com
23/06/2021 19:25:45	SUSHOVAN LALA	Asst. Prof	Physics		sushovanlala@yahoo.com
23/06/2021 19:25:48	SWAPNADEEP MONDAL	Asst. Prof	Chemistry		swapnadeepmondal223@gmail.com
23/06/2021 19:26:19	TANMAY DAS	Asst. Prof	Physics		tanmay.physics@gmail.com
23/06/2021 19:27:33	TANMOY MITRA	Asst. Prof	Mathematics		tanmoy.mitra1402@gmail.com



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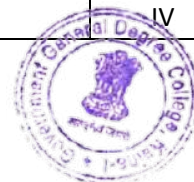
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Attendance:

23/06/2021 19:30:00	SULTANA PARIVN	Student	Bengali	II	sultana.parIVn.20ah.40@ggdck.ac.in
23/06/2021 19:30:14	RANU MONDAL	Student	Bengali	II	jasminemondal452@gmail.com
23/06/2021 19:30:25	PRIYANKA PATRA	Student	Sanskrit	II	priyanka.patra.20ah.42@ggdck.ac.in
23/06/2021 19:30:33	SUBODH GHOSH	Student	Sanskrit	II	subodh.ghosh.20ah.39@ggdck.ac.in
23/06/2021 19:30:36	TRISA MONDAL	Student	Sanskrit	II	trisa.mondal.20ah.54@ggdck.ac.in
23/06/2021 19:30:44	MONIRUL MOLICK	Student	B.A. General	II	mollick.monirul@gmail.com
23/06/2021 19:31:12	SHAMIMA KHATUN	Student	History	II	shamima.khatun.20ah.47@ggdck.ac.in
23/06/2021 19:31:53	ANKITA GHOSH	Student	Sanskrit	II	ankita.ghosh.20ah.38@ggdck.ac.in
23/06/2021 19:32:38	SOURAV MODAK	Student	Education	II	sourav.modak.20ah.53@ggdck.ac.in
23/06/2021 19:33:01	MUSTAK SEKH	Student	Education	II	mustak.sekh.20ah.28@ggdck.ac.in
23/06/2021 19:33:36	SULTANA PARIVN	Student	Bengali	II	sultana.parIVn.20ah.40@ggdck.ac.in
23/06/2021 19:33:52	RIMA MONDAL	Student	Sanskrit	IV	farsinamondal9153@gmail.com
23/06/2021 19:34:41	ANKAN DAS	Student	Sanskrit	IV	ankandas23@gmail.com
23/06/2021 19:34:44	MAMONI MURMU	Student	Philosophy	IV	mamonimurmu100@gmail.com
23/06/2021 19:35:31	DEBLINA CHAKRABORTY	Student	English	IV	deb.chakraborty@gmail.com
23/06/2021 19:35:40	SNIGDHA PRAMANICK	Student	English	IV	snigdha_pramanick01@gmail.com
23/06/2021 19:35:51	MERINA KHATUN	Student	Education	II	merina.khatun@gmail.com
23/06/2021 19:35:57	APARNA ROY	Student	English	IV	aparnaroy@gmail.com
23/06/2021 19:36:09	DIBYENDU GHOSH	Student	Education	IV	dibyendughosh@gmail.com
23/06/2021 19:36:15	SUBRATA HALDER	Student	Bengali	IV	subratahalder@gmail.com
23/06/2021 19:36:20	RANISA SARKAR	Student	Chemistry	IV	ranisasarkar2019@gmail.com
23/06/2021 19:36:28	SNEHA CHATTERJEE	Student	General	IV	snehachatterjee@yahoo.com
23/06/2021 19:37:28	PAPIYA KHATUN	Student	General	IV	Khatunpapiya713@gmail.com
23/06/2021 19:38:31	GORACHAND MURMU	Student	General	IV	murmu.gorachand@gmail.com



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